ONLINE SAFETY

ADVICE FOR PARENTS

ONLINE SAFETY

What is it?

Why do we need to do it?

Who's responsibility is it?

- Safeguarding children in the digital world
- Educating them about the risks as well as the benefits
- Building children's resilience – not just banning access
- Being educated ourselves on how to help

It is everyone's responsibility

When do we start teaching children about road safety?



•When do we start teaching them about online safety?

HOW DO WE USE THE INTERNET?

WHAT ARE THE BENEFITS?

- Global Information
- Educational
- Fun!
- Communication
- Friendships
- Accessible

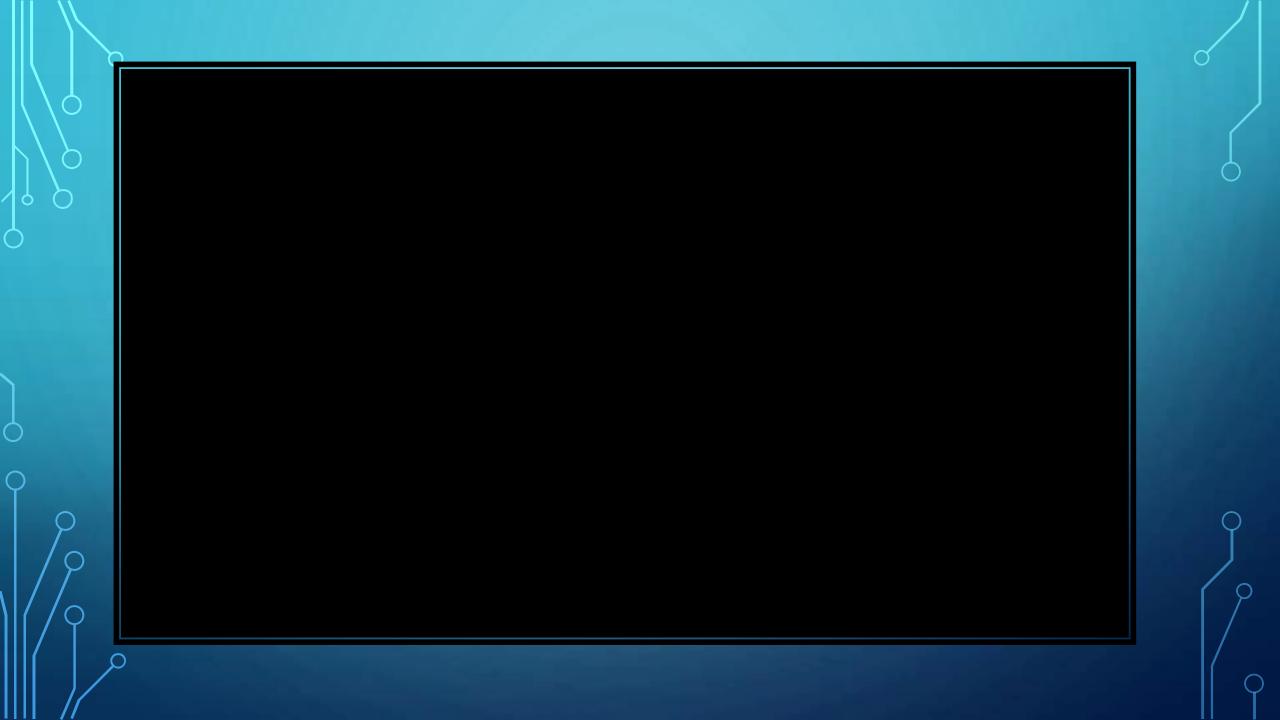


What are the risks online?

Content	Illegal vs. inappropriate Violence and hate Pornography Advertising
Contact	Grooming (act) Online radicalisation (outcome) Online child sexual exploitation (outcome)
Conduct	Hacking Addiction Cyber-bullying 'Sexting' (youth produced sexual imagery) Copyright Scams

SETTING THE SCENE

'There are three ways to get something done;
Do it yourself, hire someone or forbid your kids to do it'



Can you identify these Apps? What do they do?













Facebook



Messenger



Instagram



Burnbook

Twitter



The private photo



Periscope

Kik





Wishbone

Whatsapp



Ask.fm



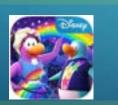
Whisper



Tinder



Omegle



Club Penguin

Island

Slingshot

Musically

Sararah



Pinterest Oovoo

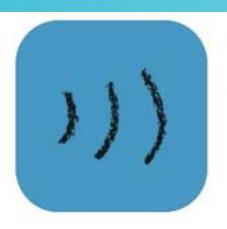
https://www.net-aware.org.uk/networks/?order=title



Episode



Whisper



NetAware 4+

National Society for the Prevention of Cruelty to Children

Free

Screenshots iPhone iPad









I'm worried my child might see something inappropriate online

- Age restrictions on Apps many social media Apps have a 13+
 age limit
- Youtube content is not regulated. The company does not have to abide by British law – There is 'Youtube Kids' an app you can download
- Older siblings show younger siblings inappropriate content

LIVE STREAMING

Live streaming is a live visual broadcast over the internet. All you need to be able to live stream is an internet enabled device, like a smart phone or tablet, and a platform (such as website or app) to broadcast on. At the click of a button, you can be streaming to hundreds, or thousands, of viewers

- Reduced inhibition online
- Your child's developmental stage
- Live streaming is 'in the moment'
- Tactics such as trickery and flattery
- Affirmation in abundance



HOW CAN YOU HELP YOUR CHILD TO STAY SAFE?

- Stay involved in their internet use
- Use webcam and devices in public spaces
- Privacy and safety settings
- Be wary of requests to chat in private
- Safe and trusted adults and advice
- Make sure your child knows where to go for support and where to report

CEOP



- The Child Exploitation and Online Protection Centre (CEOP) is a National Crimes Agency Command Centre and what set up in April 2006 to protect children from online and offline sexual exploitation.
- ✓ Prevent includes the Think You Know education programme
- ✓ Pursue criminals and work with law enforcement colleagues
- ✓ Protect children by reducing the risk of them becoming victims

IWF

• The Internet Watch Foundation. Where to report criminal online content.



Gaming: what's appropriate for your child?

- It is not against the law for children to play 18+ video games such as Grand Theft Auto and Call of Duty. It is a parental decision
- There are many systems already in place to inform parents and help them to restrict access to inappropriate games
- Current ratings systems (such as PEGI) are sometimes misunderstood by parents as "difficulty ratings"
- Gaming has been formally recognised as an addiction

ABOUT PEGI

What are ratings?

• Age ratings are systems used to ensure that entertainment content, such as films, videos, DVDs, and computer games, are clearly labelled by age according to the content they contain. Age ratings provide guidance to consumers (particularly parents) to help them decide whether or not to buy a particular product.



• The rating on a game confirms that it is suitable for players over a certain age. Accordingly, a PEGI 7 game is only suitable for those aged seven and above and an PEGI 18 game is only suitable for adults aged eighteen and above. The PEGI rating considers the age suitability of a game, not the level of difficulty.

OTHER PEGI SYMBOLS



Game contains depictions of violence



Game refers to or depicts the use of drugs



Game may be frightening or scary for young children



Game contains gambling



Game depicts
nudity and/or
sexual behaviour
and sexual
references



Game contains bad language



Game contains
depictions of, or
contains material
which may encourage
discrimination



Online game

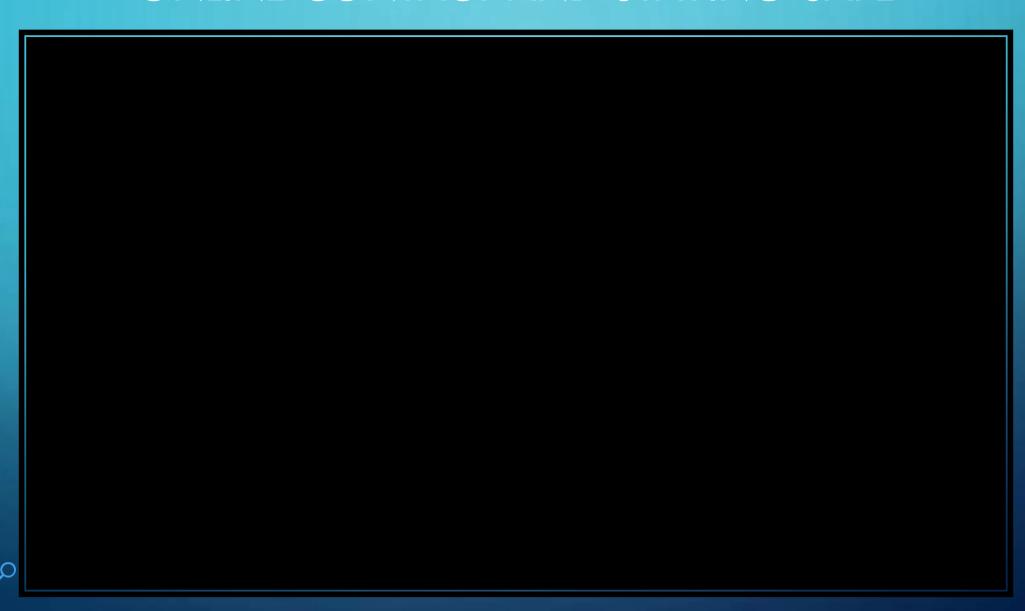
Tips for staying safe in online multi-player games

- Encourage your child to use a nickname, not their real name
- Make sure they know not to share personal information that could identify them
- If someone says or does something online that makes your child uncomfortable, make sure they know they can report this
- If in doubt, keep your child's online multiplayer experience to real-life friends only. You can oversee their friends list, restrict their contacts through the console's parental controls, and even disable multiplayer entirely.

• Other factors to consider:

- You may have introduced boundaries at home about when and what type of games your child is allowed to play. Consider communicating these rules and what your expectations are if your child stays with family friends or with child care.
- Encourage your child to talk to you about the games they play and how they feel after playing them. Children are sometimes frightened by games but won't tell anyone in case they take the game away. Whilst children are still learning to distinguish between reality and fantasy, it's important to talk to them about what they see in gaming.
- If your children are playing games online don't forget that you can also set parental controls on many devices to give you extra piece of mind. Again, the VSC website offers full instructions on how to set parental controls for the most popular devices.
- One final piece of advice. If you're worried about children playing video games on their own, then why not join them? AskAboutGames.com is a fantastic resource for advice on gaming as a family.

ONLINE CONTACT AND STAYING SAFE



Online contact and staying safe

- No matter how young your child is, if they are using a device that has the internet, it is important to talk to them about people who contact them online.
- We understand that you can't always be there with them, although if they are 11 and under we would always recommend that their device is used in a public space, making it all the more important that your child knows that they can come to you if someone online says or does something that makes them uncomfortable, worried or upset.

Cyber bulling

- Cyberbullying is the use of ICT to deliberately upset someone
- Not restricted by time or location
- Victims may not know who the bully is
- There may be multiple bullies
- The disinhibition effect things you wouldn't do in real life, you will do online
- Can be evidenced important to keep and report
- Can be a criminal offence Malicious Communications, Protection from Harassment (age of criminal responsibility is 10)
- Often can't be escaped from unlike bullying at school
- 'By-stander bullying' liking/sharing

Don't 'demonise' the technology



- We shouldn't take away the device (because children won't tell if something is happening to them)
- Don't ban children from using their technology they will find other ways to go online (e.g. at a friend's house)

USING PARENTAL CONTROLS

seven simple things you can do to use them effectively:

1.Set up home broadband parental controls and make use of controls on your home broadband.

2.Set controls on your search engine; encourage your child to always use child-friendly search engines, and activate and lock the safe search settings on the browsers and platforms they use.

3. Make sure every device is protected. Controls should be installed on every device your child uses, such as their mobile phone, tablet and games consoles (both home and handheld).

4.Use privacy settings. Activate the safety measures offered by different sites; social networking sites like Facebook have privacy settings that will help prevent your child seeing unsuitable advertising or sharing too much with other people.

USING PARENTAL CONTROLS...

5.Block pop-ups. If you're worried about your children accessing inappropriate content though accidentally clicking on adverts in pop-ups, follow the advice from BBC Webwise on how to stop these.

6. Find good sites and agree on them as a family. By talking to your child about their interests you can help them find suitable sites to visit and apps to use. Review these sites as they get older.

7. Manage their use and access. Children may be very worried that your response to a problem will be to take away their internet access. Whilst this may be an appropriate response in some cases, the threat may be a barrier for a child who needs help. Be aware of this when talking to them about their internet use, and reassure them that they can talk to you or a trusted adult whenever they need to.

WHAT'S THE BIGGEST INTERNET DANGER?



That we concentrate on the dangers and forget the benefits

"Everything that's already in the world when you're born is normal....

Anything that gets invented between then and before you turn thirty is incredibly exciting and creative and with any luck you can make a career out of it....

Anything that gets invented after you're thirty is against the natural order of things and the beginning of the end of civilisation as we know it until it's been around for about ten years when it gradually turns out to be alright

really"

Douglas Adams



'Stop worrying and learn to love the Internet' – Douglas Adams http://www.bromstoneschool.com/online-safety-e-safety/