

Our Big Question for this term is:
“Where do adventures begin?”



We have noticed many children bringing several unhealthy items in their packed lunches – lots of chocolate bars, crisps, sweets etc. There are lots of ideas for alternative healthier options here:



<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>



Matthew Scott – Kent’s Police and Crime Commissioner who has created three surveys designed for primary and secondary school children to answer, as well as parents.

This year the focus of the surveys is to find out about children’s experiences of social media, online bullying and safety. The survey for parents/carers can be accessed here:

<https://www.smartsurvey.co.uk/s/ParentSurveyKent/>



Just a reminder, please do not bring footballs in from home. We will provide the children with footballs for playtimes. Thank you.



Do you have any preloved football boots? We're seeking donations of old football boots in various sizes to support our lessons. This will help include children who can't bring their own. Thank you!



Uniform Pop Up Shop

Thursday 31st October 09:30 - 11:30 am

We currently have a large amount of pre-loved school uniform and will hold a uniform 'shop' in the school hall during the half term on Thursday 31st October, where items will be available for a small, cash donation.

Please feel free to drop in and we look forward to seeing you then.

NO PARKING

This week we have had several cars parking in the Bradstow Court car park, or using the entrance to the school as a turning/drop off point. Please be reminded that this must not be happening to ensure that children and families are not at risk at what is already a very busy time. This notice also applies to taxis who must not be using the entrance area as a drop off/collection point.

Thank you for your cooperation with this matter.

This term, our Year 6 children have been diving deep into environmental issues with the big question, "Why do oceans matter?". As part of their learning, they visited the local beach to explore the impact of plastic waste in our local area. During their trip, the children participated in a beach litter pick. Their efforts not only helped clean up the beach but also sparked important discussions about the role we all play in protecting our oceans for future generations. Great job, Year 6!



The BIG 'Chine to Chine' Litter Pick!

Sunday 27th October - 10am til 12 noon

Meet outside The Clock House in the Royal Harbour

Everyone welcome & All equipment provided!
(but please bring your own if you have it)

Stickers & Sweets for all children taking part will be available

Hosted by:



with support from:



Ramsgate Town Council, Ramsgate Town Team, Ramsgate Litter Forum, and Thanet District Council.

design: guysawtell@gmail.com
original illustration: pch.vector / Freepik



NHS
Kent and Medway

Safer asthma

Do you know a child who has asthma? They need to:

- ✓ see a healthcare professional once a year
- ✓ get their inhaler technique checked
- ✓ get a written asthma action plan (for school and home).

Asthma can be fatal for young people.
Get your child's breathing sorted.
Get their medication checked every year.
Contact your GP practice.

GA
Football Coaching

ALL KIDS NEED IS A LITTLE HELP AND SOMEBODY TO BELIEVE IN THEM

MAKE NEW FRIENDS, HAVE LOTS OF FUN, PLAY FOOTBALL ALL DAY. WHAT ELSE IS BETTER?

OCTOBER SOCCER SCHOOL

9:30AM-3:30PM
MONDAY 28TH OCTOBER- WEDNESDAY 30TH OCTOBER
£15 PER DAY OR £40 FOR ALL 3 DAYS
AGES 4-14 YEARS OLD
UPTON JUNIOR SCHOOL



Next term, we will be starting a brand-new course for parents and carers; **Family Thrive.**

This 6-week course will introduce you to the fundamentals of the Thrive approach, how it works in practice, and how to support your child's emotional development by understanding the remarkable growth of their brain during childhood. As a school, we embrace the Thrive method, and you may have heard your child mention having 'Thrive Time.'

We will be looking at:

- The Thrive approach
- How the brain develops
- How the right brain talks to the left brain!
- Why play and creativity are so important to you and your child
- How to support your child at times of change and difficulty
- Everyday trigger times and how to keep calm
- How to be a behaviour detective

This course is run by a Thrive approved course leader who is an experienced, licensed practitioner; Mrs Langley.

Family Thrive will run on a Friday morning (9:00-11:30am) for 6 weeks.

To register your interest for this course, please email: office@bromstone.kent.sch.uk with the subject 'Family Thrive interest'. As we can only host 12 parents or carers at a time, we can keep your name for our next course as they will be running regularly.

We are pleased to advise that Bromstone is now registered with the Tax-Free Childcare scheme, which if you meet the criteria and sign up will reduce the cost of Breakfast and After School Club for you.

Tax-Free Childcare puts more money back in the pockets of working families by providing much needed financial support towards the cost of childcare for children aged 11 or under, or up to 17 if the child has a disability. For every £8 paid into a Tax-Free Childcare online account, families will automatically receive an additional £2 in government top-up.

Tax-Free Childcare can make a big difference to families, helping with the bills for things like wraparound care for school children, nurseries, childminders and holiday clubs.

More than one million families in the UK are entitled to some form of government childcare support and the government is encouraging those eligible to not miss out on their entitlements. For thousands of families who use Tax-Free Childcare, the money they save each month on their childcare costs is money that goes back into their pockets. Accounts can be opened at any time of the year and can be used straight away, and money can be deposited at any time and used when needed. Any unused money that is deposited can be simply withdrawn at any time.

Read more information here about [Tax-Free Childcare](#) and how to register.

Parents and carers could be eligible for Tax-Free Childcare if they:

- have a child or children aged 11 or under. They stop being eligible on 1 September after their 11th birthday. If their child has a disability, they may get up to £4,000 a year until they are 17
- earn, or expect to earn, at least the National Minimum Wage or Living Wage for 16 hours a week, on average each earn no more than £100,000 per annum
- do not receive tax credits, Universal Credit or childcare vouchers

A full list of the [eligibility criteria](#) is available on GOV.UK. HMRC has produced a refreshed [Tax-Free Childcare guide](#) for parents, which explains the reasons and benefits for signing up to the scheme.

Each eligible child requires their own Tax-Free Childcare account. If families have more than one eligible child, they will need to register an account for each child. The 20% government top-up is then applied to deposits made for each child, not household. Account holders must confirm their details are up to date every three months to continue receiving the government top-up.



Christmas is coming

Early notice of our Christmas dinner!

Wednesday 18th December 2024

Roast Turkey

Pigs in Blankets (14), Yorkshire Pudding (1, 7, 9) V

Sage & Onion Stuffing Balls (1) V



Festive Vegan Bake (9) V, Ve



Vegan Quorn Fillet V, Ve, Halal



All Served with

Roast Potatoes, Petit Pois, Carrots

& Gravy (Vegan friendly)



Chocolate & Vanilla Ice Cream Christmas Tubs (9) V

Fruit Pots (Vegan Friendly)

Festive Shortbread Biscuit (1, 9) V

Allergen Key

1. Cereals Containing Gluten 2. Crustacean's 3. Molluscs
4. Fish 5. Peanut's 6. Nuts 7. Egg's 8. Soybean 9. Milk
10. Celery 11. Mustard 12. Lupin 13. Sesame
14. Sulphur Dioxide



BROMSTONE PRIMARY SCHOOL

Looking for a school for your Reception child in September 2025?

We are offering a number of opportunities to visit our wonderful school

STAY & PLAY and FOREST SCHOOL session

SATURDAY 19th OCTOBER 2024

10am — 12pm

OPEN DAY

TUESDAY 5th NOVEMBER 2024

9:30am 1:30pm 4:30pm

SCHOOL TOURS with the Senior Leadership Team

13th November 9:15am

20th November 1:15pm

27th November 4:30pm

4th December 9:15am

11th December 1:15pm

8th January 9:15am



For further details and to book a place on one of our events, please visit our [website](http://www.bromstoneschool.com) or contact the School Office.

01843 867010 www.bromstoneschool.com

DREAM ★ BELIEVE ★ ACHIEVE



**you scan,
we donate
££s TO
SCHOOLS.**



Joe Wicks has teamed up with Asda to raise money for primary schools. Every time you shop at Asda from the 2nd September 2024 until the 30th November 2024, Asda will donate 0.5% to the school of your choice, with an additional £1 for your school every time someone opts in.

You can select your chosen primary school via the app and following a few simple steps.

Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#) [Asda Rewards terms & Conditions](#)



Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.



Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.



Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.

More information can be found here: [Asda Rewards Cashpot for Schools](#)

