

**Our Big Question for this term is:**  
*“Why do rights exist?”*



**Sporting Success at Bromstone!**

We've had some fantastic sporting achievements recently. Last Friday, our Year 5 and 6 pupils represented the school brilliantly at a basketball tournament hosted at Ursuline. Their teamwork, determination, and sportsmanship made us all very proud.




This week, Bromstone took on Garlinge Primary in the Les Riggs Cup competition. It was an incredibly close match, ending in a tense and exciting penalty shoot-out. We are delighted to share that the team secured the win and have progressed to the next round of the cup!



Well done to all the children involved — what a brilliant week for Bromstone sport!

**DECEMBER DATES**



- 12<sup>th</sup> Dec: Christmas jumper day & Fair
- 15<sup>th</sup> Dec: Year R Christmas play at 9:30am
- 16<sup>th</sup> Dec: Year 1 Christmas play at 9:30am
- 16<sup>th</sup> Dec: Year 2 Christmas play at 2:00pm
- 17<sup>th</sup> Dec: Christmas dinner day
- 18<sup>th</sup> Dec: Years 3, 4 & 5 Panto trip

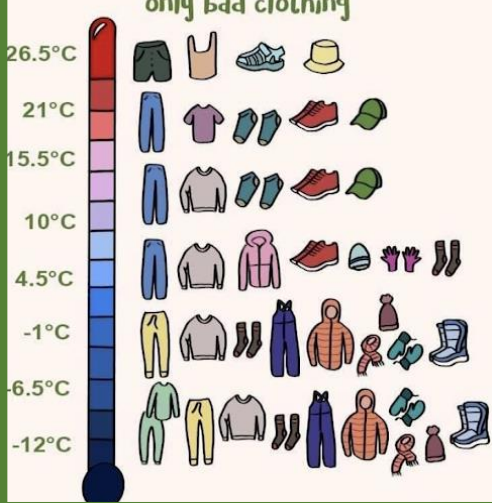
We're excited to share that Bromstone Primary has been chosen to take part in the e-Waste Warriors Project, delivered by Kent County Council and funded by the Electrical Recycling Innovation Fund. The aim is to reduce electrical waste and help the environment by encouraging us all to recycle or repair unwanted electrical items.

From Monday 17<sup>th</sup> November to Friday 12<sup>th</sup> December 2025, you can bring in any small electricals (smaller than a microwave) — working or broken — and place them in the pink recycling or repair bins at school (please read the signs carefully). No vapes or batteries, please!

Repaired or reusable items will be donated to local charities, and everything else will be recycled safely. Keep an eye out for the pink bins and Hypnocat posters around school — and let's see how much we can recycle together!



*“There is no such thing as bad weather, only bad clothing”*



This week it has certainly felt like the winter weather has arrived. Please remember to send your child to school with appropriate clothing for outdoor play and learning — layers, warm coats, hats and gloves are essential.

To help us return items to the right owners, please ensure all clothing is clearly labelled.

## Healthy Packed Lunches at Bromstone

At Bromstone Primary School, we **promote healthy eating** and encourage children to think about what they eat throughout the day. For those bringing a packed lunch, we ask families to help by providing a balanced meal.

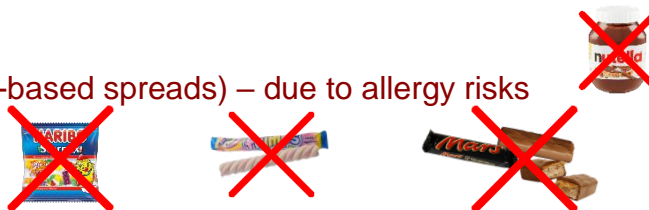
### ✓ A healthy packed lunch might include:

- Fruit and vegetables
- Meat, fish, or another protein (e.g. beans, eggs, cold meats etc)
- A starchy food such as bread, pasta, or rice
- Dairy such as cheese, yoghurt, or milk
- Water, milk or sugar-free squash

*Please try to limit high-fat or high-sugar snacks, such as crisps or biscuits.*

### ⊘ Foods not to be included:

- Nuts (including Nutella or nut-based spreads) – due to allergy risks
- Fizzy drinks
- Chocolate bars or sweets



If you would like support or guidance with this, please contact Nichola Sturges, our Family Liaison Officer, via the school office.

**Thank you for supporting us in promoting healthy choices for all children!**



## Autism Central

We'd like to share a fantastic support resource for families of autistic children: Autism Central:  
<https://www.autismcentral.org.uk/>

Autism Central is a national peer-support programme designed by parents, carers and autistic people. It provides families with friendly, practical help through:

- Clear, accessible resources
- One-to-one peer support from trained parents and carers
- Workshops and community events
- Coaching and guidance for anyone supporting an autistic child

*It's a great place to find connection, advice and understanding from people who truly "get it."*