

MENU A	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken & Leek Pie (1,14)	Sausage Pasta Bake (1,14)	Roast Beef Yorkshire Puddings (1,7,9,11)	Chicken Stroganoff (1)	Breaded Cod (1, 4) V Gluten Free Fish Available (4) V
Option 2	Roasted Veg & Butter Bean Wrap (1)V, Ve	Vegan Quorn Sausage with Roasted Vegetable & Lentils (8) V, Ve	Med Veg Tartlet (1,10) V, Ve / Fish Pie (9,4)	Vegan Quorn Chilli (1) V, Ve	Vegan Breaded Fingers Tomato & Lentil Sauce V, Ve (1)
	Mashed Potato, Carrots Mixed Salad Coleslaw (7)	Pasta, Sweetcorn Mixed Salad Coleslaw (7)	Roast Potatoes, Carrots, Cauliflower Cheese (9) Gravy Mixed Salad	Rice, Green Beans, Sweetcorn Mixed Salad Coleslaw (7)	Chips, Sweetcorn, Baked Beans Mixed Salad
	Mini Doughnuts (1,7,8,9) Fresh Fruit Pots Vegan Doughnuts (1,8)Ve	Banoffee Pots (1,8,9) V Fresh Fruit Pots Banana & Cream (Ve)	Chocolate Sponge & Chocolate Custard (1,7,8,9) Fresh Fruit Pots Rocky Road (8)Ve	Rice Pudding & Peaches (9) Fresh Fruit Pots Alpro Mousse (8)Ve	Vanilla Ice Cream (9) Fresh Fruit Pots Yogurts (9) V

MENU B	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken in a Tomato & Basil Sauce (1)	Cumberland Sausages	Roast Turkey & Yorkshire Puddings (1,7,9)	Beef Burger in a Roll (1,8,14)	Breaded Cod (1, 4) Gluten Free Fish Available (4) V
Option 2	Quorn Sweet Chilli Wrap (1,) V, Ve	Tuna, Tomato & Basil Pasta Bake (1,4,9) V, Ve	Med Tart with Lentil & Tomato Sauce (1) V	Spicy Beany Burger in a Roll (1)	Vegan Breaded Fingers with Roasted Vegetable & Chick Pea Sauce (1) V, Ve
	Mixed Vegetable, Mixed Salad, Savoury Rice	Mashed Potato, Peas & Gravy Mixed Salad	Carrots, Broccoli, Roast Potatoes & Gravy (V, Ve)	Baked Beans, Sweetcorn Rice & Salad Coleslaw (7)	Chips, Sweetcorn, Baked Beans (V, Ve)
	Waffles (1,7,8) V, Ve Fresh Fruit Jelly Pots Ve	Eton Mess (7,9) Fresh Fruit Pots Yogurt (9)V	Golden Syrup Pudding (1,7,8,9,14) V Fresh Fruit Pots Alpro Mousse (8) Ve	Peaches & Plant Based Cream Fresh Fruit Pots Vegan Biscuit (1,8) Ve	Chocolate Ice Cream (9) Fresh Fruit Pots Yogurts (9) V

Every Day Options

Jacket Potatoes	Sandwiches
Cheese Jacket (V) (9)	Cheese Sandwich (V) (1) (9)
Vegan Cheese Jacket (Ve) (8)	Vegan Cheese Sandwich (Ve) (1) (8)
Tuna Jacket (4) (7)	Ham Sandwich (1)
Plain Jacket (Ve)	Tuna Sandwich (1) (4) (7)
	Jam Sandwich (Please try to limit to Fridays) (Ve) (1)
	Bread and Butter Sandwich (Ve) (1)

ALLERGEN KEY

- 1. Cereals containing gluten 3. Molluscs 5. Peanuts 7. Eggs 9. Milk 11. Mustard 13. Sesame**
2. Crustaceans 4. Fish 6. Nuts 8. Soybeans 10. Celery 12. Lupin 14. Sulphur Dioxide*

ALL OUR MENUS ARE TREE NUT AND PEANUT FREE INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING.