

<b>MENU A</b>	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Creamy Garlic Chicken (14)(Dairyfree)	Sausage Roll (1, 11, 14)	Roast Turkey Yorkshire Puddings (1,7,9,11)	Pasta Bolognese, Garlic Bread (1)	Breaded Cod (1, 4) Gluten Free Available(4) V
Option 2	Macaroni Cheese (1,9) (Vegan Macaroni available)	Chimichangas (1)Ve	Creamy Vegetable Crumble	Vegan Quorn Bolognese  (1) V, Ve	Vegan Breaded Fingers Tomato & Lentil Sauce V, Ve (1)
	Rice, Sweetcorn Mixed Salad Coleslaw (7)	Mashed Potato, Baked beans Mixed Salad Coleslaw (7)	Roast Potatoes, Carrots, Fine Green Beans Gravy Mixed Salad	Pasta, Peas Mixed Salad Coleslaw (7)	Chips, Sweetcorn, Baked Beans Mixed Salad
	Mini Doughnuts (1,7,8,9) Fresh Fruit Pots Vegan Doughnuts (1,8)Ve	Banoffee Pots (1,8,9) V WaterMelon/ Grape Pots Banana & Cream (Ve)	Jam Sponge pudding Custard (1,7,8,9) Fresh Fruit Pots Rocky Road (8)Ve	Raspberry & Peach Mousse (Dairyfree) Fresh Fruit Pots Alpro Mousse (8)Ve	Vanilla Ice Cream (9) Fresh Fruit Pots Yogurts (9) V

<b>MENU B</b>	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Curry (1, 14)	Pepperoni Pizza Whirls (1, 8, 9)	Sliced Cold Gammon	Chicken and Tomato Pasta Bake (1, 9)	Breaded Cod (1, 4) Gluten Free Available (4) V
Option 2	Spinach, Chick Pea & Potato Curry (1, 14)	Cheese Pizza Whirl (1,8,9) V Vegan Whirl available	Salmon & Sweet Potato Fishcake with Roasted Vegetables (1,4)	Spicy Quorn Pitta (1,8)	Vegan Breaded Fingers with Roasted Vegetable & Chick Pea Sauce (1) V, Ve
	Mixed Vegetable, Mixed Salad, Savoury Rice	Herby Diced Potato, Baked Beans, Coleslaw, Salad (7)	Carrots, Green Beans, New Potatoes (V, Ve)	Peas Pasta & Salad Coleslaw (7)	Chips, Sweetcorn, Baked Beans (V, Ve)
	Waffles (1,7,8) V, Ve Fresh Fruit Jelly Pots Ve	Chocolate Rice Krispies & Raisin Cake(1, 9) Fruit pots / Yogurt (9)V	Apple Crumble (1,9)V Fresh Fruit Pots Alpro Mousse (8) Ve	Eton Mess (7) Fresh Fruit Pots Vegan Biscuit (1,8) Ve	Chocolate Ice Cream (9) Fresh Fruit Pots Yogurts (9) V



**Every Day Options**

<b>Jacket Potatoes</b>	<b>Sandwiches</b>
Cheese Jacket (V) (9)	Cheese Sandwich (V) (1) (9)
Vegan Cheese Jacket (Ve) (8)	Vegan Cheese Sandwich (Ve) (1) ( 8)
Tuna Jacket (4) (7)	Ham Sandwich (1)
Plain Jacket (Ve)	Tuna Sandwich (1) (4) (7)
	Jam Sandwich ( Please try to limit to Fridays ) (Ve) (1)
	Bread and Butter Sandwich (Ve) (1)

**ALLERGEN KEY**

- 1. Cereals containing gluten   3. Molluscs   5. Peanuts   7. Eggs   9. Milk   11. Mustard   13. Sesame**  
**2. Crustaceans   4. Fish   6. Nuts   8. Soybeans   10. Celery   12. Lupin   14. Sulphur Dioxide\***

ALL OUR MENUS ARE TREE NUT AND PEANUT FREE INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING.