

MENU A	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mexican street pan sweetcorn chicken skillet (1,7,9,14)	Meatballs in a sweet pepper sauce (1,9) Garlic Bread	Roast Beef Yorkshire Puddings (1,7,9,11)	Chicken Curry & Rice (1,14)	Breaded Cod (1, 4) Gluten Free Fish Available (4) V
Option 2	Vegan chilli & 50/50 Rice (1)	Sticky Honey Tofu, Noodles & Stir Fry (8) Ve, V	Vegan Bolognese & Wholewheat pasta (1,8)	Vegan Burrito (1)	Vegan Breaded Fingers Tomato & Lentil Sauce V, Ve (1)
	Rice (50\50) Sweetcorn Mixed Salad Coleslaw (7)	Whole wheat Pasta, Mixed Vegetable Mixed Salad Coleslaw (7)	Potato, Carrots, Broccoli Gravy Mixed Salad	50/50 Rice, Peas, Mixed Salad Coleslaw (7) Naan Bread	Chips, Sweetcorn, Baked Beans Mixed Salad
	Mango Surprise V, Ve (Dairyfree) Fresh Fruit Pots Fruit Jelly V, Ve	Banoffee Pots (1,8,9) V (Dairy free Cream) Water Melon/ Grape Pots Banana & Cream (Ve) (Dairy free Cream)	Apple Cake (1,7,8,9) V Fresh Fruit Pots Rocky Road (8) Ve	Blueberry Muffins Fresh Fruit Pots Alpro Mousse (8) Ve Jelly V, Ve	Vanilla Ice Cream (9)V Fresh Fruit Pots Yogurts (9) V Chocolate Vegan Ice Cream (8) Ve

MENU B	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cumberland Sausages & Mash (1,14)	Chicken Fajita (1)	Roast Turkey Yorkshire pudding (1,7,9)	Mumbia Meatballs & Pasta (1,7)	Breaded Cod (1, 4) Gluten Free Fish Available (4) V
Option 2	Vegan Sausages & Mash	Quorn Vegetable Paella (14)	Spicy Salmon & Broccoli Pasta (1,4,9)	Thai Vegan Curry and Brown Rice	Vegan Breaded Fingers with Roasted Vegetable & Chick Pea Sauce (1) V, Ve
	Mixed Vegetable, Mixed Salad, Savoury Rice	Herby Diced Potato, Baked Beans, Coleslaw, Salad (7)	Carrots, Green Beans, New Potatoes (V, Ve)	Peas Pasta & Salad Coleslaw (7)	Chips, Sweetcorn, Baked Beans (V, Ve)
	Strawberry Greek Yogurt (9)V Fresh Fruit Jelly Pots Ve Blueberry Alpro (8)Ve (1, 8,)Ve	Oaty Fruit Crunch Water Melon / Grape Pots Yogurt (9)V	Lemon Cheesecake with Raspberry Garnish (1,8,9,14) V Fresh Fruit Pots Alpro Mousse (8) Ve (Dairy Free)	Chocolate beetroot Brownie (7)V Fresh Fruit Pots Vegan Biscuit (1,8) Ve	Chocolate Ice Cream (9)V Fresh Fruit Pots Yogurts (9) V Chocolate Vegan Ice Cream (8) Ve



Every Day Options

Jacket Potatoes	Sandwiches
Cheese Jacket (9)	Cheese Sandwich
Vegan Cheese Jacket	Vegan Cheese Sandwich
Tuna Jacket (4)	Ham Sandwich
Plain Jacket	Tuna Sandwich
	Bread and Butter Sandwich
	Jam Sandwich (Please try to limit to Fridays)

ALLERGEN KEY

1. Cereals containing gluten 3. Molluscs 5. Peanuts 7. Eggs 9. Milk 11. Mustard 13. Sesame
 2. Crustaceans 4. Fish 6. Nuts 8. Soya 10. Celery 12. Lupin 14. Sulphur Dioxide*

ALL OUR MENUS ARE TREE NUT AND PEANUT FREE INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER.
 WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS,
 SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING.