

Super Learning Powers

Don't give up	Work hard Practise lots Keep going Try new strategies Ask for help Start again Take a brain break
Concentrate	Manage distractions Get lost in the task Do one thing at a time Break things down Plan and think it through Draw diagrams, jot down thoughts or things which help you think
Keep improving	Keep reviewing your work Identify your best bits Improve one thing first Try to be better than last time Don't compare yourself to others, only yourself! Take small steps
Enjoy learning	Enjoy learning Feel proud of all your achievements Feel your neurons connecting! Imagine your intelligence growing by the minute! Use what you have learnt in real life Know you can do it if you have input and you practise