

MENU A	Monday	Tuesday	Wednesday	Thursday	Friday
Week commencing 15 th April					
Option 1	Southern fried Chicken (1,8,9)	Pasta Bolognaise (1)	Roast Beef Yorkshire Puddings (1,7,9)	Sausage Pie and Mash (1,9,14)	Chicken Nuggets (1, 4) V Gluten Free Chicken Nuggets Available (4) V
Option 2	Vegan Spicy Quorn Pitta Pockets (1,2,8) V, Ve	Vegan Quorn Bolognaise (8) V, Ve	Vegan Med Veg Tartlet V, Ve (1)	Vegan Sausage roll and Mash (1) V, Ve	Vegan Breaded Fingers (1,8) V, Ve
	Mixed Vegetables, Rice V, Ve	Sweetcorn, Whole Wheat Pasta (1)V, Ve	New Potatoes, Broccoli, Carrot & Gravy V, Ve	Carrot, Sweetcorn and Mashed Potato V, Ve	Chips & Baked Beans V, Ve
	* Jelly Pots (9) * Alpro Vanilla custard (Ve) (8)	Banana Bread (1,7,9) V Vanilla Alpro (8) Ve (8)	* Raspberry Ripple (9) * Vegan Ice Cream (Ve)	Lemon Cheesecake (1, 7, 9) V Chocolate Alpro Mousse (8) Ve	Orange & Mango (V) Grape Pot (Ve)

MENU B	Monday	Tuesday	Wednesday	Thursday	Friday
Week commencing 22 nd April					
Option 1	Homemade Chicken Curry (1,11,14)	Pepperoni Pizza (1,8,9)	Roast Turkey & Yorkshire Puddings (1,7,9)	Home Made Pork Meatballs (1,10)	Breaded Cod (1, 4) Gluten Free Fish Available (4) V
Option 2	Vegan Butternut Squash Curry (10) V, Ve	Cheese and Tomato Pizza (1,8,9) V Vegan Cheese Available (Ve)	Creamy Salmon Pasta (1,4,9) V	Vegan Roasted Vegetable Wraps (1) V, Ve	Vegan Breaded Fingers (1,8) V, Ve
	Peas, Sweetcorn & Wholegrain Rice V, Ve	Baked Beans, Minted new Potatoes (V, Ve)	Carrots, Broccoli, Roast Potatoes & Gravy (V, Ve)	Sweetcorn, Green Beans & Whole Wheat Pasta (V, Ve)	Chips & Baked Beans (V, Ve)
	Chocolate Mousse (V)(9) Alpro Chocolate 8 (Ve)	Strawberry Smoothie (V) Vanilla Alpro (8) Ve	Chocolate & Banana Brownie (1,7,9) V Alpro Vanilla Custard (8)ve	Vanilla Ice Cream (9) V Chocolate Alpro (8) Ve	Carrot Cake (1,7,8,9)V Vegan Ice Cream (Ve)

Every Day Options

Jacket Potatoes	Sandwiches
Cheese Jacket (V) (9)	Cheese Sandwich (V) (1) (9)
Vegan Cheese Jacket (Ve) (8)	Vegan Cheese Sandwich (Ve) (1) (8)
Tuna Jacket (4) (7)	Ham Sandwich (1)
Plain Jacket (Ve)	Tuna Sandwich (1) (4) (7)
	Jam Sandwich (Please try to limit to Fridays) (Ve) (1)
	Bread and Butter Sandwich (Ve) (1)

ALLERGEN KEY

1. Cereals containing gluten 3. Molluscs 5. Peanuts 7. Eggs 9. Milk 11. Mustard 13. Sesame
2. Crustaceans 4. Fish 6. Nuts 8. Soybeans 10. Celery 12. Lupin 14. Sulphur Dioxide*

ALL OUR MENUS ARE TREE NUT AND PEANUT FREE INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING.