

MENU A	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef Chilli	Sausage roll (1,11)	Roast loin of Pork Yorkshire Puddings (1,7,9)	Southern Fried Chicken (1)	Breaded Cod (1, 4) V Gluten Free Fish Available (4) V
Option 2	Vegan Chimichanga Ve	Vegan Sausage roll (1,14) Ve	Med Veg Tartlet (1) V, Ve	Macaroni Cheese (1,9) V	Vegan Breaded Fingers (1,) V, Ve
	Mixed Brown/White Rice Mixed Vegetable Ve Mixed Salad Wholemeal Bread (1)	Mashed Potato, Baked Beans / Sweetcorn Ve Mixed Salad Wholemeal Bread (1)	Roast Potatoes, Carrot, Broccoli/ Cauliflower Ve Mixed Salad Wholemeal Bread (1)	Vegetable Stir fry & Noodles Ve Mixed Salad Wholemeal Bread (1)	Baked Beans / Sweetcorn Ve Mixed Salad Wholemeal Bread (1)
	Strawberry Mousse with Mixed Berries (9) V Vanilla Alpro (8) Ve Fruit salad	Chocolate Sponge & Chocolate Custard (1,7,8,9) V Chocolate Rocky Road (8) Ve Fruit Pots	Vanilla Ice Cream (9) V Vegan Chocolate Ice Available Ve Fruit Salad	Banoffee pots (1,8,9) V Fruit Jelly Ve Fruit Pot Ve	Orange Smoothie V Chocolate Alpro (8) Ve Fruit Pots

MENU B	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef Burgers in a Bun (1,8,14)	Chicken Curry (1,11,14)	Roast Beef Yorkshire Puddings (1,7)	Sausage Pasta Bake (1,7,9)	Cod Goujons (1, 4) Gluten Free Fish Available (4) V
Option 2	Beany Burgers in a Bun (1) Ve	Thai Vegan Curry (1,8) Ve	Vegetable and Salmon Crumble (1,4,) V	Tomato & Basil Pasta Ve	Vegan Breaded Fingers (1,8) V, Ve
	Sweetcorn, Baked Beans Mixed Salad / Coleslaw (7) Wholemeal Bread (1)	Brown / White Rice Peas, Salad Wholemeal Bread (1)	Carrots, Broccoli Roast Potatoes, Gravy (G/F, VE) Mixed Salad Wholemeal Bread (1)	Green Beans, Carrots Mixed Salad / Coleslaw (7) V Wholemeal Bread (1)	Baked Beans, Sweetcorn Chips Mixed Salad Wholemeal Bread (1)
	Fruit Jelly (Ve) Yogurts (9) V Fresh Fruit Pots	Chocolate & Banana Brownie (1,7,9) V Chocolate Alpro (8) Ve Fresh Fruit Pots	Lemon CheeseCake Vegan Biscuit Fruit Pots Ve	Apple Crumble (1)V Fruit Salad Ve Fruit Pots Ve	Strawberry Smoothie V Vanilla Alpro (8) Ve Fruit Pots Ve

Every Day Options

Jacket Potatoes	Sandwiches
Cheese Jacket (9)	Cheese Sandwich
Vegan Cheese Jacket	Vegan Cheese Sandwich
Tuna Jacket (4)	Ham Sandwich
Plain Jacket	Tuna Sandwich
	Bread and Butter Sandwich
	Jam Sandwich (Please try to limit to Fridays)

ALLERGEN KEY

- 1. Cereals containing gluten 3. Molluscs 5. Peanuts 7. Eggs 9. Milk 11. Mustard 13. Sesame**
2. Crustaceans 4. Fish 6. Nuts 8. Soybeans 10. Celery 12. Lupin 14. Sulphur Dioxide*

ALL OUR MENUS ARE TREE NUT AND PEANUT FREE INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING.